

Rock Springs Soccer Association Newsletter

September 19, 2009

Fall 2009, Issue 2

ATTENTION COACHES:

Games must start as scheduled. Though we appreciate the need to warm-up before games, as we are all sharing fields, every delay adds up a lot. It throws off everyone's schedule when games start late. Let's all do our part to keep on schedule.

Information Tent News:

Newsletters will also be on hand at the Information Tent.

VOLUNTEERS ARE NEEDED:

Your soccer association exists largely due to the hard work of numerous coaches, team parents, and board members. We need your help to continue making RSSA great. Please contact any RSSA Board member if you are able to help. We are currently looking for volunteers to assist with setting up and breaking down fields on game days.

Coaching Tip of the Week:

One of the joys of being a kid is effortlessly running just because you can. Too often, we ask young players to run laps or sprints for conditioning. Sometimes, we use running to encourage good behavior. Overuse of running in this way can sour kids on running and on soccer.

Kids love to play soccer because it's fun. Running fast-paced drills and small-sided games is not only an effective and easy way to work in conditioning; it also keeps the kids learning to handle an essential piece of the game, the ball. Plus, they won't notice they're improving their conditioning because they'll be having fun.

Help Distribute Our Newsletters:

Newsletters are the only routine communication from the RSSA Board to players, parents, and coaches.

It is vital you review this communication every week.

Newsletters will be in coolers at the end of each field on game day. It is our coaches' responsibility to collect and distribute them, but anyone is welcome to help themselves.

If the cooler on your field is out, please take a newsletter from any other cooler.

Website:

The RSSA website, www.rssasoccer.org, is an excellent resource for information on your game schedule, board member and coach contact information, newsletters, and more.

Remember the website is an easy and accurate way for you to access information about the Fall 2009 Season and the RSSA.

EARLY BIRD REGISTRATION CHANGE:

Early bird registration will be from 9 AM until 2 PM on October 10 at Century Park.

SOCCER CLINIC SUCCESS:

The WWCC Women's Soccer Team held a soccer clinic at Desert View Field on September 17. We had a good group of players turn out to learn from a talented group of young women. The players had a great time and were able to work on their skills.

Parents:

Remember soccer is a great family activity. A fun way for your kids to improve their skills is to grab a ball, hit the backyard or local park, and play a little family scrimmage.

Get your RSSA Gear:

We are selling RSSA-branded sweatshirts (\$20-25), t-shirts (\$5), sun visors (\$2), and automobile magnets (\$5) at the information tent. Wear and display them proudly. Challenger Camp Shirts (\$5) are also available.

JOIN US IN WELCOMING OUR NEWEST BOARD MEMBER:

Lars Nandrup has joined the RSSA Board as our new Coaches Coordinator. He has an extensive background in soccer. We are lucky to have him on our team.

BOARD MEMBER CONTACT INFORMATION:

You may reach board members by telephone, or through email on the RSSA Website.

President:	Lyndon Klein	382-8189
Vice-President:	Sue Tyler	382-3645
Secretary:	Kim Kuske	871-8714
Treasurer:	Rick Fredrickson	382-7838
Registrar:	Stacie Smith	382-3763
Scheduler:	Katie Monroe	362-7505
Fields:	Russ Tyler	382-3645
Uniforms:	John Wilson	382-5428
Fundraising:	Jamie Terrebonne	922-3494
Publicity:	Max Mickelson	389-9169
Avengers:	Kelly Goodrich	350-2407
Referees:	Sue Tyler	382-3645
Member-At-Large:	Kim Kuske	871-8714
Equipment:	Lyndon Klein	382-8189
Coaches:	Lars Nandrup	382-5673

"In soccer, everything is complicated by the presence of the opposite team."

Jean-Paul Sartre