

Rock Springs Soccer Association Newsletter

September 26, 2009

Fall 2009, Issue 3

ATTENTION COACHES:

Games must start and end as scheduled. Games continue to start late and run long. We need everyone to work together to ensure all of our players and families have a timely and positive experience. Thank you for your help with this issue.

VOLUNTEERS ARE STILL NEEDED:

Your soccer association exists largely due to the hard work of numerous coaches, team parents, and board members. We need your help to continue making RSSA great. Please contact any RSSA Board member if you are able to help. We are currently looking for volunteers to assist with setting up and breaking down fields on game days.

Coaching Tip of the Week:

Coaching is an amazing experience and tremendous responsibility. We are here for many different reasons from helping one's child communicating one's passion for the game.

Regardless of why, all of us work to teach our players not just the rules and skills needed to play soccer, but also how to believe in and be a part of a team, to learn from failure without losing faith in oneself, and how to be an honorable competitor in victory and defeat.

When we are at practice or at a game, seeing our players using their skills, supporting each other, and applying strategy to the game is an unforgettable moment. We are privileged to stand as an example to our players, to help them develop as players and people, and to share our passion for this great game with a new generation.

Help Distribute Our Newsletters:

Newsletters are the only routine communication from the RSSA Board to players, parents, and coaches.

It is vital you review this communication every week.

Newsletters will be in coolers at the end of each field on game day. It is our coaches' responsibility to collect and distribute them, but anyone is welcome to help themselves.

If the cooler on your field is out, please take a newsletter from any other cooler.

Current and past newsletters are also available at the Information Tent.

Website:

The RSSA website, www.rssasoccer.org, now has three excellent videos for parents, coaches, and players. You will find the videos by clicking the Recreational tab, then selecting the Videos link in the right hand column. It takes 15 minutes to watch all three. They are fun and educational for all participants in RSSA soccer.

Benefits of Soccer:

Whether your player is new to soccer or well on their way to competitive play, there are many benefits to playing soccer.

Soccer is one of the best physical activities kids can do. It improves cardiovascular health, coordination, and muscle development. It accomplishes this naturally, since kids take to running after and kicking balls like ducks to water.

Soccer teaches kids teamwork, leadership, and perseverance. As our society places increasing demands on kids and adults, the ability to work as a team, lead others, and pick up and move forward after failing is critical to their success.

Of all the sports kids can play, soccer is a great choice for developing well-rounded, positive, healthy people.

Parents:

Soccer bowling is a fun family activity. Grab some two liter bottles, fill them half full of water, set them up as pins, and knock them down with a soccer ball. Break into teams and compete to see who can knock the most pins down with the fewest hits.

Get your RSSA Gear:

We are selling RSSA-branded sweatshirts, t-shirts, and automobile magnets at the information tent. Wear and display them proudly.

BOARD MEMBER CONTACT INFORMATION:

You may reach board members by telephone, or through email on the RSSA Website.

President:	Lyndon Klein	382-8189
Vice-President:	Sue Tyler	382-3645
Secretary:	Kim Kuske	871-8714
Treasurer:	Rick Fredrickson	382-7838
Registrar:	Stacie Smith	382-3763
Scheduler:	Katie Monroe	362-7505
Fields:	Russ Tyler	382-3645
Uniforms:	John Wilson	382-5428
Fundraising:	Jamie Terrebonne	922-3494
Publicity:	Max Mickelson	389-9169
Avengers:	Kelly Goodrich	350-2407
Referees:	Sue Tyler	382-3645
Member-At-Large:	Kim Kuske	871-8714
Equipment:	Lyndon Klein	382-8189
Coaches:	Lars Nandrup	382-5673

"The goalkeeper is the jewel in the crown and getting at him should be almost impossible. It's the biggest sin in soccer to make him do any work." George Graham